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# PROTOCOLS

## LEVEL 1 \_\_\_\_\_

## **BIOCOMPATIBLE CAR® FACE**

#### Before proceeding with the facial, complete the following steps:

- Consultation and observations;
- Collect signed consent forms (Biocompatible Care<sup>®</sup> and photos);
- Personalized recommendations and pre/post-treatment care keep a copy;
- Take photos;
- During the first Biocompatible Care®, explain each product applied and its effects on the skin.

TOTAL DURATION: 90 minutes (2 hours for the first appointment)

- 1. Using 3 pumps of **Purifica™**, remove makeup and wash face and rinse right away. **Do not** let it sit.
- 2. Take photos.
- 3. Offer the client a mirror to let them observe their skin.

#### The Care :

- 1. Exfoliate with **Exfolia<sup>TM</sup>** (3 ml) for 2 minutes insist on keratinized areas. You may add a little water if needed. For sensitive skin, shorten the duration and lessen the intensity of exfoliation, or even avoid massaging (only let it sit). Avoid irritated areas or wounds. Rinse well.
- 2. Apply Idrata<sup>TM</sup> serum (2 ml, or half a vial) in layered applications. Let it sit. The skin may need a few minutes to absorb the product. Add 4 sprays of Luvya<sup>TM</sup>.
- 3. Biocompatible Care<sup>®</sup> application:
  - **a.** Empty the contents of the powder packet into a glass bowl.
  - **b.** Add the liquid from the 2nd packet.
  - **c.** Mix well to create a smooth texture.
  - **d.** Warn that it will be cold and apply immediately with a spatula in a thick and even layer, starting with the jawline. Avoid eye area for now.

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**Rest time:** 20 minutes or less, depending on the client's skin sensitivity.

- If the client is uncomfortable, you can remove their facial mask at any time.
- To reactivate the ingredients, after 10 minutes, massage the mask for one minute.
- Eye area: during the last 2 minutes of the 20-minute break, or earlier, depending on the client, massage the skin and go toward the eye area, applying the mask around the eyes, on the arches and close to the undereye area.
- 1. Remove the Biocompatible Care with a spatula. Throw away the residue in the trash rather than the sink (to avoid clogged pipes).
- 2. Rinse out thoroughly with lukewarm or cold water and gauze.
- 3. Extraction + **Curativo<sup>TM</sup>** (if necessary). Extraction is optional. It's up to you to adjust the costs according to the duration of the treatment.
- 4. Apply 2 ml (the remainder of the vial's contents) of **Idrata<sup>TM</sup>** serum and 4 sprays of **Luvya<sup>TM</sup>**.
- Apply the Aqua<sup>TM</sup> mask (8 ml) and leave it on for 10 minutes. Tip: for a lifting effect, soak 2 4x4 gauzes in Lunya<sup>TM</sup>, unfold them and apply them to the face starting from the neck, then going up towards the forehead.
- 6. **DAY-TIME TREATMENT:** rinse off the mask to leave a film. Spray **Luvya<sup>TM</sup>** mist and apply adapted therapeutic cream. Offer your client a mirror so they can see the result (*wow!*) and finish off with our **Sunbrella<sup>TM</sup>** facial mineral sunscreen (1 ml).
- 7. **EVENING TREATMENT:** for mature skin, do not rinse the mask. Add a little Luvya<sup>™</sup> mist, then the appropriate therapeutic cream for a more moisturizing effect and to prevent it from sticking to the pillow. Avoid Sunbrella<sup>™</sup> mineral sunscreen.
- 8. Re-explain possible effects and post-treatment guidelines to the client.

Possibility of doubling the treatment for the neck, décolleté and hands (charge accordingly).

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# LEVEL 2 \_\_\_\_\_

### BIOCOMPATIBLE CARE: FACE WITH ENZYMAX: ULTRAEFFICIENT CARE

Indications: for very thick and tough skin, acne, dark spots and scars.

 $Enzymax^{TM}$  contains more enzymes (nibbles more intensely) and more hyperemic agents (heat and vessel dilation).

## IMPORTANT

- Do NOT go to this level during the first Biocompatible Care.\*.
- Respect the **Enzymax<sup>TM</sup>** precautions:
  - NEVER EXCEED  $\frac{1}{3}$  of Enzymax<sup>TM</sup> for  $\frac{2}{3}$  of base powder, i.e. 5 g MAXIMUM.
  - NEVER USE on very sensitive skin / rosacea / near the eyes / on a wound.
- In case of significant discomfort, it is always possible to remove the Biocompatible® Care.
- Conversion: 1 g = 2 ml measuring spoon.

#### Treatment procedure:

- 1. Same steps as level 1, but you must add **Enzymax<sup>TM</sup>** to the **Biocompatible Care**<sup>®</sup> powder.
- 2. The recommended amount for the second treatment is 1 g. During the third treatment, 2 g, etc., up to 5 g ONLY, i.e., the entire contents of the packet.
- 3. It is possible that adding 1 g may be sufficient throughout the duration of the care. It is also possible the skin may no longer need **Enzymax<sup>TM</sup>** during the care. Monitor your client and observe their skin's response to the treatment.
- 4. For a more effective and <u>localized</u> action, for example, localized acne on the chin or 2 dark spots on the cheek, <u>use 2 bowls</u>. With a measuring spoon, take powder #1 from the **Biocompatible Care®**, add a sufficient amount of **Enzymax<sup>TM</sup>**, mix and add the liquid from packet #2 from the **Biocompatible Care®** in both bowls, aiming for a similar consistency. You now have a bowl containing <u>an ultraefficient face mask</u> and a second bowl with <u>a regular face mask</u>.

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# LEVEL 3 \_\_\_\_\_

BODY

## **Indications:** scars, stretch marks, acne and dark spots.

For scars, ask your client to use **Exfolia<sup>TM</sup>** and **Idrata<sup>TM</sup>** serum one day before the treatment.

### Before proceeding with the treatment, complete the following steps:

- Consultation and observations;
- Collect signed consent forms (Biocompatible Care<sup>®</sup> and photos);
- Personalized recommendations (initialized) and pre/post-treatment care keep a copy;
- Take photos.

## TOTAL DURATION: 45 minutes

- 1. Cleanse the skin using **Purifica<sup>TM</sup>**.
- 2. Exfoliate with **Exfolia<sup>TM</sup>** (3 ml) for 2 minutes. Rinse off.
- 3. Apply **Idrata<sup>TM</sup>** serum (2 ml, or half a vial) in layered applications and let the skin absorb the product. It may take a few minutes, depending on the skin type.
- 4. Prepare the **Biocompatible**<sup>®</sup> **Care**.
  - 1. Empty the contentss of the powder packet into a glass bowl. Add one packet of Enzymax<sup>™</sup> (5 g) and mix.

### N.B.: use less Enzymax<sup>™</sup> if the skin is fragile or vascularized (e.g., neckline, hands).

- b. Add the liquid from the 2nd packet.
- c. Mix well to create a smooth texture.
- d. Warn that it will be cold and <u>apply immediately</u> with a spatula on chosen area.
- e. Cover the entire treated area with "Saran Wrap" type plastic wrap and cover with a blanket to keep in the heat.

#### Rest time: 20 minutes

- 5. Remove the Biocompatible Care with a spatula. Throw away the residue in the trash rather than the sink (to avoid clogged pipes).
- 6. Rinse out thoroughly.
- Apply the remainder of Idrata<sup>TM</sup> serum and 4 sprays of Luvya<sup>TM</sup>, 2 pumps of Vitalita<sup>TM</sup> for stretch marks / scars / dark spots or Curativo<sup>TM</sup> in case of acne and finish the treatment with face sunscreen Sunbrella<sup>TM</sup> (1ml) if the area is exposed to the sun.

a. Exfolia<sup>TM</sup>, Idrata<sup>TM</sup>, Vitalita<sup>TM</sup> mineral sunscreen for the face Sunbrella<sup>TM</sup> are essential during regenerative treatments.

- **b.** Add **Crystal<sup>TM</sup>**in case of dark spots.
- c. Switch from Vitalita<sup>TM</sup> to Curativo<sup>TM</sup> for acne treatment.